

RAD

Additional Resources

Camps

CAMP PAIVIKA

Camp Palvika offers overnight summer programs for children and adults with mild to severe developmental and physical disabilities such as autism, ADHD, cerebral palsy, epilepsy and Down syndrome.

<https://www.abilityfirst.org/camp-paivika-2/>

CAMP RONALD MCDONALD AT EAGLE LAKE

Camp Ronald McDonald at Eagle Lake is an accessible, residential summer camp for children who are at risk with a variety of medical needs, economic hardship, and/or physical, developmental, and/or emotional disabilities. Each summer Camp collaborates with other non-profit groups to provide a week of traditional camp activities including arts and crafts, hiking, fishing, canoeing, sports, swimming, talent shows, and campfires.

<https://rmhcnc.org/home-2-2/camp-ronald-mcdonald/>

CAMP TUOLUMNE TRAILS

Camp Tuolumne Trails is devoted to helping those with disabilities and those who support them by providing an accommodating environment for healing, respite, education, and recreation. <https://www.tuolumnetrails.org>

CAMP VIA WEST

Camp Via West's mission is to empower people with disabilities and their families to grow, develop, and thrive by providing essential skill-building and recreational programs. <https://campviawest.org/>

EASTERSEALS CAMP

Supported by volunteers, this week-long camp is held each summer at YMCA Camp Oakes in Big Bear, which is fully accredited through the American Camp Association and offers people with disabilities the same excitement and activities available at other camps.

<https://socal.easterseals.com/get-support/areas-of-support/easterseals-camp>

THE PAINTED TURTLE

The Painted Turtle provides year-round camp experience for children with chronic and life-threatening illnesses. The Painted Turtle supports children's medical needs, inspires them to reach beyond their illnesses, and provides care, education, and respite for their families. All campers and families attend completely free of charge. <https://www.thepaintedturtle.org/>

PALS SUMMER CAMPS

PALS creates inclusive camp experiences for people with and without Down syndrome. <https://www.palsprograms.org/summer>

QUEST THERAPEUTIC CAMPS

Quest Therapeutic Camps provide summer day camp services and after-school programs specifically designed to help kids with special needs and learning differences find success. <https://questcampsofsocal.com/>

SPECIAL CAMP

Special Camp consists of three, one-week sessions along with additional days devoted to counselor training seminars and meetings. They serve young adults and children with disabilities between the ages of 6 and 21.

<https://www.specialcamp.org/>

Creative Programs

ABLE ARTS WORK

Able Arts Work provides inclusive services for individuals with developmental disabilities, autism, and ALL people through the creative arts therapies and education, music, dance/movement, drama/theater, visual arts, media, and digital arts. <https://www.ableartswork.org/>

ART & CREATIVITY FOR HEALING

Art & Creativity for Healing supports emotional healing through art & creative expression for those living in pain, grief, fear or stress with a variety of workshops held in-person at the studio in Laguna Hills and live online via Zoom. <https://art4healing.org/>

DOWN FOR DANCE

Down for Dance is a dance & arts program for all abilities. They are based in Southern California and offer classes for individuals 7 and up.

<https://www.downfordance.org/>

NO LIMITS CREATIVE ARTS

No Limits Creative Arts is an inclusive program providing dance, music, art and more to individuals with disabilities. They offer classes in the Orange County area and prioritize building confidence and friendships through the arts. <https://www.nolimitscreativearts.com>

STUDIO D

Studio D offers inclusive dance and musical theater classes in the Segerstorm Center of the Arts to help students of all abilities to explore and develop their creative potential through arts instruction.

<https://www.scfta.org/education-community-programs/camps-classes/studio-d-arts-school-for-all-abilities/classes>

Fitness Programs

BC ADAPTIVE FITNESS

BC Adaptive Fitness works to provide quality fitness for people with intellectual and developmental disabilities throughout their lifespan. They provide a service that will empower those with intellectual and developmental disabilities to live a more independent life through fitness.

<https://www.bcadaptivefitness.com/>

KARATE FOR ALL

Karate For All is an inclusive martial arts program for children and teenagers that combines the art of Karate-Do with knowledge of Occupational Therapy. The primary goal of the program is to gain self-confidence, make new friends and learn how to defend themselves by combining the Art of Karate-Do and Occupational Therapy. <https://www.karateforall.org/>

THE KINDNESS CLINIC

At The Kindness Clinic, we specialize in gymnastics-based occupational therapy for neurodivergent children—using movement, sensory integration, and play to support regulation, motor skills, and meaningful connection. Our sessions are relationship-centered, strengths-based, and rooted in kindness.

<https://www.thekindnessclinic.com>

MATER DEI SPECIAL GAMES

Mater Dei's Special Games is a student-run event that hosts track and field events for athletes with special needs. For more information, please email Mrs. Maurissa Talarico, Director of Christian Services and Outreach at:

mtalarico@materdei.org

SHEA CENTER

Therapeutic horseback riding developed to the specific special needs of a small group of children. “The primary goals of these classes are increased body awareness, sequencing & judgment skills, attention span, cause and effect, motor coordination, spatial awareness, and early learning skills.”

<https://sheacenter.org/>

SPECIAL OLYMPICS SOUTHERN CALIFORNIA

Special Olympics Southern California offers 13 sports across 4 seasons, serving thousands of athletes in community and school-based programs in 11 counties. It also offers opportunities for athletes to improve their overall health and wellness, gain leadership skills and much more.

<https://www.sosc.org/>

SURF AND TURF THERAPY

Surf and turf therapy provides therapy services targeting traditional, functional goals using non-traditional approaches, including surfing, horseback riding, and community-based activities. <https://surfandturftherapy.org/>

TOPSOCCER

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a recreational sports program for children and adults with intellectual, emotional, or physical disabilities offered only through local US Youth Soccer-affiliated soccer clubs. TOPSoccer provides people with diverse abilities an opportunity to play soccer in a structured environment that is safe, fun, supportive, and inclusive. <https://www.usyouthsoccer.org/topsoccer/>

5 ELEVEN HOOPS

5-Eleven Hoops is a nonprofit organization that is on a mission to unlock the strengths and full potential of kids on the Autism Spectrum through sports in supportive and inclusive spaces. <https://5elevenhoops.org/>

Social and Community Programs

ABILITY FIRST

Ability First strengthens and cultivates skills that give their participants the tools to successfully navigate each transition in life, including building social connections and independence; employment preparation, training, and experience; and, fun and engaging activities that offer families an opportunity to refresh and recharge. <http://www.abilityfirst.org/>

ADRIAN'S PLACE

Adrian's Place is an inclusive community hub in Santa Monica, California, dedicated to creating a welcoming space where families, friends, caregivers, and professionals can connect, share experiences, and access vital programs and services. <https://www.adriansplacesm.com/>

THE AUTISM SOCIETY SAN DIEGO

The Autism Society San Diego connects people to local resources through education, advocacy, support, information and referral, and community programming, empowering everyone in the Autism community with the resources needed to live fully.

<https://www.autismsocietysandiego.org/about/about-us>

BEST BUDDIES PROGRAM

Best Buddies offers One-to-One Friendship, Integrated Employment, and Leadership Development programs for individuals with and without intellectual and developmental disabilities.

<https://www.bestbuddies.org/california/>

CHASE FOUNDATION

Chase Foundation is determined to continue education opportunities to individuals in our communities. Through our program we pave the way for adults with disabilities to enhance their vocational & social skills and apply them in inclusive settings around our community. <https://chasefoundation.net>

CITY OF IRVINE - DISABILITY SERVICES

City of Irvine Disability Services provides support to individuals with sensory, physical, or cognitive disabilities, and their family members, in the Irvine Community. Support services primarily include social recreational programming, accommodation support, resource linkage, and referrals.

<https://www.cityofirvine.org/disability-services>

DOWN SYNDROME ASSOCIATION OF ORANGE COUNTY (DSAOC)

DSAOC works to create a place for connection, information, and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services, and support that aim to empower individuals with Down syndrome to reach their full potential. <https://www.dsaoc.org/>

DREAMS OF AMERICA

Dreams of America helps students become more independent through volunteer work and instructive activities –such as art classes and mobility training –aiding important job skill development, ultimately, guiding students toward the path of employment by supporting their skill acquisition.

<https://dreamsofamerica.org/>

EASTERSEALS

Easterseals provides employment services, life skills and community involvement opportunities, alternatives to institutionalized living, and support services that assist individuals to live independent lives.

<https://www.easterseals.com/southernca/our-programs/>

FRIENDSHIP CIRCLE

Friendship Circle exists to bring friendship and inclusion to children and young adults with special needs through a variety of social, recreational and educational programs and offers support and respite to their families.

<https://www.friendshipoc.org/>

GIGI'S PLAYHOUSE

Gigi's Playhouse provides consistent delivery of free educational, therapeutic-based, and career development programs for individuals with Down syndrome, their families, and the community, through a replicable playhouse model. <https://gigisplayhouse.org/>

GOODWILL WORKFORCE DEVELOPMENT

Goodwill Employment and Training Services helps individuals overcome employment barriers by assisting them in finding work in our local communities. <https://www.ocgoodwill.org/workforce-development/>

LEAPS & BOUNDS

Leaps & Bounds provides physical therapy, occupational therapy, and speech therapy services for children of all ages in the Inland Empire and Orange County. <http://leapsandboundspediatrictherapy.org>

THE LIGHTHOUSE GROUP

The Lighthouse Group creates a vibrant and inclusive community that fosters lifelong friendship, fellowship, and fun for adults with special needs, ensuring they have a place to belong and thrive beyond formal education and youth groups. <https://thelighthousegroup.org/>

MYCHAL'S LEARNING PLACE

Mychal's Learning Place provides the support, training, and opportunities to youth and young adults with developmental disabilities to build their independence and pursue their goals and dreams. <https://www.mychals.org/>

NEW HORIZONS

New Horizons is a program for adults with developmental disabilities and special needs ages 18 and up. The New Horizons program offers activities for special needs adults, providing participants with safe and supervised recreational outings in the community that offers social interaction, skill-building, and life-long friendships. <https://ymcaoc.org/new-horizons/>

NO LIMITS LEARNING CENTER

No Limits Learning Center is dedicated to providing educational opportunities to people with developmental disabilities through delivering a broad range of specialized programs and services. <https://www.nolimitslc.org>

SANDY FEET INITIATIVE

The Sandy Feet Initiative offer beach-based recreational programs to address the emotional and mental needs faced by this underserved population using the Sibshop model. Their workshops are recreationally therapeutic and include lively discussions paired with surfing, boogie boarding, and ocean "play."

<https://www.sandyfeetoc.org/>

VOCATIONAL VISIONS

Vocational Visions offers programs that develop the talents of adults with intellectual or developmental disabilities by creating pathways to employment and fostering life-long learning through multiple programs.

<https://vocationalvisions.org>

Financial Planning

CARINGTIDE DISABILITY PROGRAM

The CaringTide program empowers families and individuals navigating disabilities with the tools, resources, and support needed to transform their lives. Whether it's finding emotional well-being, navigating adult transitions, or celebrating every achievement, we're with you every step of the way.

<https://caringtide.com/>

TARGETED WEALTH SOLUTIONS

Targeted Wealth Solutions is a financial planning and investment management firm that offers personalized strategies. They incorporate tools like special needs trusts and ABLE accounts for families with special needs.

<https://targetedwealthsolutions.com/special-needs-planning/>

PALLADIO CONSULTING LLC

Palladio Consulting LLC is a style of service that is specifically for special needs families. They integrate investment management, estate planning, tax strategies, and government benefits coordination. They work with families to design long-term plans that help both the financial future and vital support systems for children with disabilities. <https://www.palladioplanning.com/>

SPECIAL NEEDS ADVISORS

Special Needs Advisors is a service that is dedicated to connecting families with financial and legal professionals who specialize in the challenges of special needs planning. They develop customized strategies that manage both immediate and long-term financial management and care planning.

<https://www.specialneedsadvisors.com/>

STAY RAD!

