

# RAD Additional Resources

# **Gamps**

#### **CAMP PAIVIKA**

Camp Palvika offers overnight summer programs for children and adults with mild to severe developmental and physical disabilities such as autism, ADHD, cerebral palsy, epilepsy and Down syndrome.

https://www.abilityfirst.org/camp-paivika-2/

## CAMP RONALD MCDONALD AT EAGLE LAKE

Camp Ronald McDonald at Eagle Lake is an accessible, residential summer camp for children who are at risk with a variety of medical needs, economic hardship, and/or physical, developmental, and/or emotional disabilities. Each summer Camp collaborates with other non-profit groups to provide a week of traditional camp activities including arts and crafts, hiking, fishing, canoeing, sports, swimming, talent shows, and campfires.

https://rmhcnc.org/home-2-2/camp-ronald-mcdonald/

#### **CAMP TUOLUMNE TRAILS**

Camp Tuolumne Trails is devoted to helping those with disabilities and those who support them by providing an accommodating environment for healing, respite, education, and recreation. https://www.tuolumnetrails.org

## **CAMP VIA WEST**

Camp Via West's mission is to empower people with disabilities and their families to grow, develop, and thrive by providing essential skill-building and recreational programs. https://campviawest.org/

#### THE PAINTED TURTLE

The Painted Turtle provides year-round camp experience for children with chronic and life-threatening illnesses. The Painted Turtle supports children's medical needs, inspires them to reach beyond their illnesses, and provides care, education, and respite for their families. All campers and families attend completely free of charge. https://www.thepaintedturtle.org/

#### **PALS SUMMER CAMPS**

PALS creates inclusive camp experiences for people with and without Down syndrome. https://www.palsprograms.org/summer

#### **QUEST THERAPEUTIC CAMPS**

Quest Therapeutic Camps provide summer day camp services and afterschool programs specifically designed to help kids with special needs and learning differences find success. https://questcampsofsocal.com/

# **SPECIAL CAMP**

Special Camp consists of three, one-week sessions along with additional days devoted to counselor training seminars and meetings. They serve young adults and children with disabilities between the ages of 6 and 21.

https://www.specialcamp.org/

# **Greative Programs**

#### **ABLE ARTS WORK**

Able Arts Work provides inclusive services for individuals with developmental disabilities, autism, and ALL people through the creative arts therapies and education, music, dance/movement, drama/theater, visual arts, media, and digital arts. https://www.ableartswork.org/

#### **ART & CREATIVITY FOR HEALING**

Art & Creativity for Healing supports emotional healing through art & creative expression for those living in pain, grief, fear or stress with a variety of workshops held in-person at the studio in Laguna Hills and live online via Zoom. https://art4healing.org/

#### **NO LIMITS CREATIVE ARTS**

No Limits Creative Arts is an inclusive program providing dance, music, art and more to individuals with disabilities. They offer classes in the Orange County area and prioritize building confidence and friendships through the arts. https://www.nolimitscreativearts.com

#### **DOWN FOR DANCE**

Down for Dance is a dance & arts program for all abilities. They are based in Southern California and offer classes for individuals 7 and up. <a href="https://www.downfordance.org/">https://www.downfordance.org/</a>

# **Fitness Programs**

# **BC ADAPTIVE FITNESS**

BC Adaptive Fitness works to provide quality fitness for people with intellectual and developmental disabilities throughout their lifespan. They provide a service that will empower those with intellectual and developmental disabilities to live a more independent life through fitness.

https://www.bcadaptivefitness.com/

## **CYCLONE CHEER**

Cyclone Cheer is an inclusive cheer team whose goal is to goal is to expand participants opportunities to cheer, compete, and perform while sharing their vision of inclusion and friendship. http://cyclonespecialneedscheer.com

## **MATER DEI SPECIAL GAMES**

Mater Dei's Special Games is a student-run event that hosts track and field events for athletes with special needs. For more information, please email Mrs. Maurissa Talarico, Director of Christian Services and Outreach at:

mtalarico@materdei.org

# **SHEA CENTER**

Therapeutic horseback riding developed to the specific special needs of a small group of children. "The primary goals of these classes are increased body awareness, sequencing & judgment skills, attention span, cause and effect, motor coordination, spatial awareness, and early learning skills."

https://sheacenter.org/

#### SPECIAL OLYMPICS SOUTHERN CALIFORNIA

Special Olympics Southern California offers 13 sports across 4 seasons, serving thousands of athletes in community and school-based programs in 11 counties. It also offers opportunities for athletes to improve their overall health and wellness, gain leadership skills and much more.

https://www.sosc.org/

#### **SURF AND TURF THERAPY**

Surf and turf therapy provides therapy services targeting traditional, functional goals using non-traditional approaches, including surfing, horseback riding, and community-based activities. https://surfandturftherapy.org/

#### **TOPSOCCER**

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a recreational sports program for children and adults with intellectual, emotional, or physical disabilities offered only through local US Youth Socceraffiliated soccer clubs. TOPSoccer provides people with diverse abilities an opportunity to play soccer in a structured environment that is safe, fun, supportive, and inclusive. https://www.usyouthsoccer.org/topsoccer/

#### **5 ELEVEN HOOPS**

5-Eleven Hoops is a nonprofit organization that is on a mission to unlock the strengths and full potential of kids on the Autism Spectrum through sports in supportive and inclusive spaces. <a href="https://selevenhoops.org/">https://selevenhoops.org/</a>

# **Social and Community Programs**

#### **ABILITY FIRST**

Ability First strengthens and cultivates skills that give their participants the tools to successfully navigate each transition in life, including building social connections and independence; employment preparation, training, and experience; and, fun and engaging activities that offer families an opportunity to refresh and recharge. http://www.abilityfirst.org/

#### **ADRIAN'S PLACE**

Adrian's Place is an inclusive community hub in Santa Monica, California, dedicated to creating a welcoming space where families, friends, caregivers, and professionals can connect, share experiences, and access vital programs and services. https://www.adriansplacesm.com/

## THE AUTISM SOCIETY SAN DIEGO

The Autism Society San Diego connects people to local resources through education, advocacy, support, information and referral, and community programming, empowering everyone in the Autism community with the resources needed to live fully.

https://www.autismsocietysandiego.org/about/about-us

## **BEST BUDDIES PROGRAM**

Best Buddies offers One-to-One Friendship, Integrated Employment, and Leadership Development programs for individuals with and without intellectual and developmental disabilities.

https://www.bestbuddies.org/california/

#### **CITY OF IRVINE - DISABILITY SERVICES**

City of Irvine Disability Services provides support to individuals with sensory, physical, or cognitive disabilities, and their family members, in the Irvine Community. Support services primarily include social recreational programming, accommodation support, resource linkage, and referrals. https://www.cityofirvine.org/disability-services

# DOWN SYNDROME ASSOCIATION OF ORANGE COUNTY (DSAOC)

DSAOC works to create a place for connection, information, and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services, and support that aim to empower individuals with Down syndrome to reach their full potential. https://www.dsaoc.org/

# **DREAMS OF AMERICA**

Dreams of America helps students become more independent through volunteer work and instructive activities –such as art classes and mobility training –aiding important job skill development, ultimately, guiding students toward the path of employment by supporting their skill acquisition.

https://dreamsofamerica.org/

#### **EASTERSEALS**

Easterseals provides employment services, life skills and community involvement opportunities, alternatives to institutionalized living, and support services that assist individuals to live independent lives.

https://www.easterseals.com/southerncal/our-programs/

#### FRIENDSHIP CIRCLE

Friendship Circle exists to bring friendship and inclusion to children and young adults with special needs through a variety of social, recreational and educational programs and offers support and respite to their families.

https://www.friendshipoc.org/

#### **GIGI'S PLAYHOUSE**

Gigi's Playhouse provides consistent delivery of free educational, therapeutic-based, and career development programs for individuals with Down syndrome, their families, and the community, through a replicable playhouse model. https://gigisplayhouse.org/

#### **LEAPS & BOUNDS**

Leaps & Bounds provides physical therapy, occupational therapy, and speech therapy services for children of all ages in the Inland Empire and Orange County, http://leapsandboundspediatrictherapy.org

## THE LIGHTHOUSE GROUP

The Lighthouse Group creates a vibrant and inclusive community that fosters lifelong friendship, fellowship, and fun for adults with special needs, ensuring they have a place to belong and thrive beyond formal education and youth groups. https://thelighthousegroup.org/

# **MYCHAL'S LEARNING PLACE**

Mychal's Learning Place provides the support, training, and opportunities to youth and young adults with developmental disabilities to build their independence and pursue their goals and dreams. https://www.mychals.org/

#### **NEW HORIZONS**

New Horizons is a program for adults with developmental disabilities and special needs ages 18 and up. The New Horizons program offers activities for special needs adults, providing participants with safe and supervised recreational outings in the community that offers social interaction, skillbuilding, and life-long friendships. https://ymcaoc.org/new-horizons/

#### **NO LIMITS LEARNING CENTER**

No Limits Learning Center is dedicated to providing educational opportunities to people with developmental disabilities through delivering a broad range of specialized programs and services. https://www.nolimitslc.org

#### **SANDY FEET INITIATIVE**

The Sandy Feet Initiative offer beach-based recreational programs to address the emotional and mental needs faced by this underserved population using the Sibshop model. Their workshops are recreationally therapeutic and include lively discussions paired with surfing, boogie boarding, and ocean "play."

https://www.sandyfeetoc.org/





